

CASP

Community Assistance & Support Program

Northside's CASP is a short term (3 months) goal-focused program guided by the person-centred, strength-based and recovery-focused principles.

Working together with individuals who:

- Experience temporary or episodic health issues, including mental health issues.
- Are unable to access support through the NDIS.
- Have a need for post-hospital care and support.
- Are aged between 18-65.



Here are some ways we can support you:

Care Coordination

Linking multiple services to progress the goals and outcomes you have identified.

Community Participation

Linking you with internal and external community programs and networks based on your interests and needs.

Skills Development

May include assistance accessing NDIS, support with attaining life skills and/or training.

In-home support

Domestic short-term help to maintain your home environment, support with personal hygiene, washing, showering, dressing, and meal preparation.

Social Support & Transport

Can include group activities, individual outings, medical transport, and shopping.