

## COMMUNITY OF SUPPORT FOR YOUNG PEOPLE IMPACTED BY FAMILY & DOMESTIC VIOLENCE

- free 8 confidential group support facilitated in a safe and supportive environment
- young people aged 12-25

impacted by family and domestic violence and experiencing similar challenges

onnection & community

create a network of others who you can relate to, and who understand what you are going through



Relationships Australia.

## IF YOU HAVE EXPERIENCED OR WITNESSED FAMILY AND DOMESTIC VIOLENCE, YOU ARE NOT ALONE.

Family and domestic violence is not just physical abuse - it is also when someone frightens, controls, bullies or intimidates another family member.



"[GOT YOUR BACK] HAS TAUGHT ME PATIENCE AND DETERMINATION TO FACE THINGS HEAD ON"

- 12 YEAR OLD PARTICIPANT

Got Your Back will connect you with other young people who are in a similar situation in their home life.

The safe space will give you the opportunity to share, and learn from others.

## TO REGISTER OR FIND OUT MORE CONTACT:

gotyourback@racr.org.au 0427 431 288







