

CATS

Community Assistance and Temporary Supports Program

The CATS Program supports Canberrans to stay safe and well during short-term health challenges. Northside provides personal care, domestic assistance, and food services for eligible participants.

We can support ACT residents who:

- Are ready to leave hospital, but need extra support
- Are experiencing a temporary health condition
- Are not eligible for other supports such as NDIS or My Aged Care
- Are in the process of applying for permanent supports through another program

Support under the CATS Program is limited to 6 months for participants, and 12 months for carers.



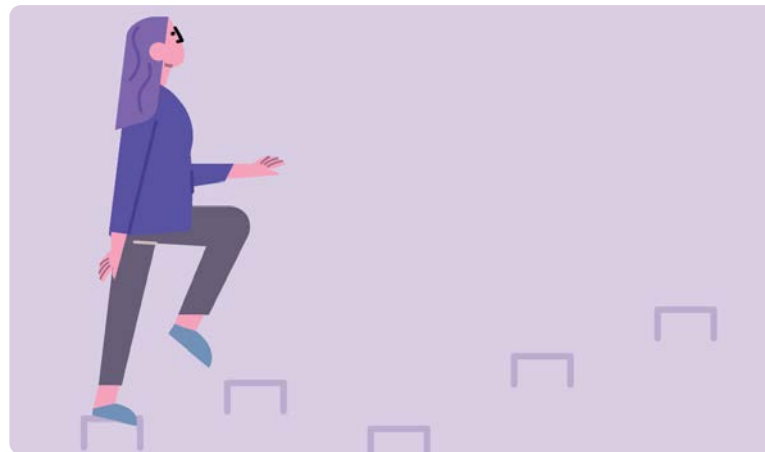
Here are some ways we can support you:

In-Home Support

Domestic short-term help to maintain your home environment, support with personal hygiene, washing, showering, and dressing.

Food Services

We can support you to prepare healthy and nutritious meals, as well as providing ready-to-eat frozen meals.



The CATS Program is delivered by funding from the ACT Government.